

ZONE 4/5

Mondays to Fridays

Romford St Edwards Way/London Road	0705	17	0729	0742	0757	0812	0827	0842	0857	0919	0939	
Romford Station	0709	0721	0734	0747	0802	0817	0832	0847	0902	0924	0944	
Dagenham Fords Main Works	0607	0651	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	
Dagenham East Station	0615	0659												
Becontree Heath Bus Station	G	0622	0636	G	0654	0706	0717	0731	0746	0759	0814	0829	0844	0859	0914	0936	0954	
Goodmayes Lord Napier	H	0615	0630	0644	0653	0702	0714	0726	0741	0756	0811	0826	0841	0856	0911	0926	0945	1003
Ilford Hainault Street	0606	0620	0635	0649	0658	0707	0720	0733	0748	0803	0819	0834	0849	0904	0919	0934	0953	1011
Ilford Station Cranbrook Road	0609	0623	0638	0652	0701	0710	0724	0737	0752	0807	0823	0838	0853	0908	0923	0938	0957	1015
Gants Hill Station	0615	0629	0644	0658	0707	0716	0730	0744	0759	0814	0830	0845	0900	0915	0930	0945	1004	1022
Barkingside Chequers	0621	0635	0650	0704	0713	0722	0736	0750	0805	0821	0837	0852	0907	0921	0936	0952	1011	1029
Claybury Broadway	0627	0641	0656	0710	0719	0728	0744	0759	0814	0830	0846	0901	0916	0930	0944	1000	1019	1037
Romford St Edwards Way/London Road	0959			19	39	59	1419	1439	1459	1519	1539	1559	1615	1630	1645	1700	
Romford Station	1004			24	44	04	1424	1444	1504	1524	1544	1604	1620	1635	1650	1705	
Becontree Heath Bus Station	1014		Then	34	54	14	1434	G	1454	1514	G	1534	1554	1614	1630	1645	1700	1715	
Goodmayes Lord Napier	1023		at	43	03	23	UNTIL	1443	1453	1503	1523	1533	1543	1603	1623	1639	1654	1709	1724
Ilford Hainault Street	1031		these	51	11	31		1451	1501	1511	1531	1542	1552	1612	1632	1646	1701	1716	1731
Ilford Station Cranbrook Road	1035		minutes	55	15	35		1455	1505	1515	1535	1546	1556	1616	1636	1650	1705	1720	1735
Gants Hill Station	1042		past	02	22	42		1502	1512	1522	1543	1554	1604	1624	1644	1658	1713	1728	1743
Barkingside Chequers	1049		each	09	29	49		1509	1519	1529	1550	1601	1611	1631	1651	1705	1720	1735	1750
Claybury Broadway	1057		hour	17	37	57		1517	1527	1537	1559	1610	1620	1639	1659	1713	1728	1743	1758
Romford St Edwards Way/London Road	1715	1730	1744	1758	1809	1820	1835	1851
Romford Station	1720	1735	1749	1803	1814	1825	1839	1855
Becontree Heath Bus Station	1730	1745	1759	1813	1824	1835	1848	1904	1934						2304	2329	2359		
Goodmayes Lord Napier	1739	1754	1808	1822	1833	1843	1856	1912	1942				04	34					
Ilford Hainault Street	1746	1801	1815	1829	G	1848	G	1917	1947				12	42					
Ilford Station Cranbrook Road	1750	1805	1819	1833	1852	1921	1950				17	47					
Gants Hill Station	1758	1813	1827	1841	1858	1927	1956				20	50	UNTIL	2320	
Barkingside Chequers	1805	1820	1834	1847	1904	1933	2002				26	56		2326	
Claybury Broadway	1813	1828	1841	1854	1911	1939	2008				32	02		2332	
													38	08		2338	

Saturdays

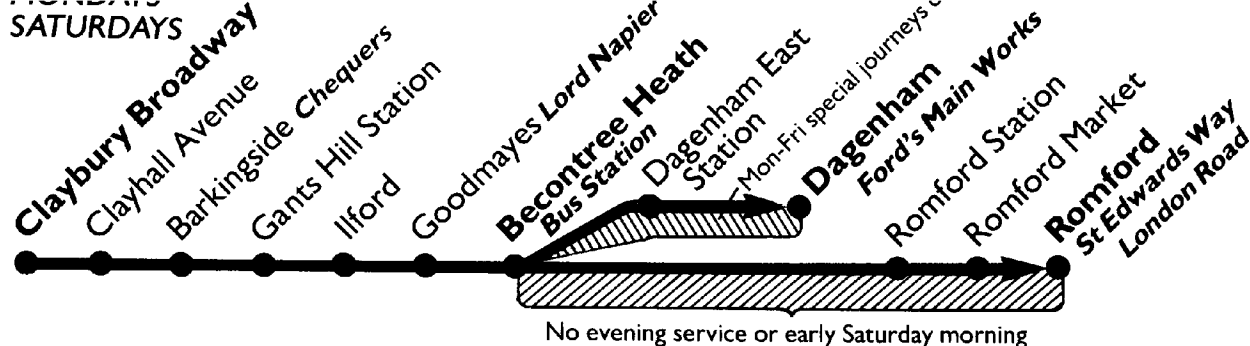
Romford St Edwards Way/London Road	0830	0852	0909	0925	0938	0951	1005	1020	1035
Romford Station	0834	0856	0915	0931	0944	0957	1012	1027	1042
Becontree Heath Bus Station	G	0650	0720	0750	0820	0842	0906	0926	0942	0955	1009	1024	1039	1054
Goodmayes Lord Napier	H	0634	0658	0728	0758	0828	H	0850	H	0915	H	0935	0951	1004	1018	1033	1048	1103
Ilford Hainault Street	0609	0639	0703	0733	0803	0833	0850	0856	0910	0921	0936	0941	0957	1011	1025	1040	1055	1110
Ilford Station Cranbrook Road	0612	0642	0706	0736	0806	0836	0853	0900	0914	0925	0940	0945	1001	1015	1029	1044	1059	1114
Gants Hill Station	0618	0648	0712	0742	0812	0842	0859	0906	0920	0931	0946	0952	1007	1022	1036	1051	1106	1121
Barkingside Chequers	0624	0654	0718	0748	0818	0848	0905	0913	0927	0938	0953	0959	1016	1031	1045	1100	1115	1130
Claybury Broadway	0630	0700	0724	0754	0824	0854	0911	0919	0933	0944	1000	1007	1024	1039	1053	1108	1123	1138
Romford St Edwards Way/London Road	1050	05	20	35	50	1650	1705	1720	1735	1750	1806	1825
Romford Station	1057	12	27	42	57	1657	1712	1727	1742	1757	1812	1829
Becontree Heath Bus Station	1109	24	39	54	09	1709	1724	1739	1754	1809	1822	1837	1904	1934	2004	2034
Goodmayes Lord Napier	1118	33	48	03	18	1718	1733	1748	1803	1818	1830	1845	1912	1942	2012	2042
Ilford Hainault Street	1125	40	55	10	25	1725	1740	1755	1808	1824	B	1850	1917	1947	2017	2047
Ilford Station Cranbrook Road	1129	44	59	14	29	1729	1744	1759	1811	1827	1853	1920	1950	2020	2050
Gants Hill Station	1136	51	06	21	36	1736	1751	1806	1818	1833	1859	1926	1956	2026	2056
Barkingside Chequers	1145	00	15	30	45	1745	1800	1815	1826	1840	1905	1932	2002	2032	2102
Claybury Broadway	1153	08	23	38	53	1753	1806	1821	1832	1846	1911	1938	2008	2038	2108
Becontree Heath Bus Station	2104	2134	2204	2234	2304	2329	2359
Goodmayes Lord Napier	2112	2142	2212	2242	2312	2337	0007
Ilford Hainault Street	2117	2147	2217	2247	2317	B	B
Ilford Station Cranbrook Road	2120	2150	2220	2250	2320
Gants Hill Station	2126	2156	2226	2256	2326
Barkingside Chequers	2132	2202	2232	2302	2332
Claybury Broadway	2138	2208	2238	2308	2338

No service on Sundays or Public Holidays

B - Continues to Seven Kings Garage via Green Lane and Ilford High Rd
 G - Continues to or starts from Seven Kings Garage via Goodmayes Road
 H - Starts from Seven Kings Garage via Ilford High Rd

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ZONE 4/5

Mondays to Fridays

Claybury Broadway	0634	0647	0702	0715	0727	0739	0754	0809	0824	0839	0854	0909	0923
Barkingside Chequers	0640	0653	0708	0721	0733	0748	0803	0818	0833	0848	0903	0918	0932
Gants Hill Station	☉	0646	0659	0714	0727	0740	0755	0810	0825	0840	0855	0910	0925	0938
Ilford Station Cranbrook Road	≡	A	A	0650	0703	0719	0735	0750	0805	0820	0835	0850	0905	0920	0935	0947
Ilford Hainault Street	0525	0609	G	G	G	0653	0706	0722	0738	0753	0808	0823	0838	0853	0908	0923	0938	0950
Goodmayes Lord Napier	0531	0615	0622	0640	0645	0659	0712	0728	0744	0759	0814	0829	0844	0859	0914	0929	0944	0956
Becontree Heath Bus Station	0538	0622	0629	0647	0652	0706	0719	0736	0752	0808	0823	0838	0853	0908	0923	0937	0952	1004
Dagenham East Station	☉	0545	0629	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Dagenham Fords Main Works	0554	0638	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Romford Station	≡	0701	0716	0731	0749	0805	0821	0836	0851	0906	0921	0936	0949	1004
Romford St Edwards Way/London Road	0705	0720	0735	0753	0809	0825	0840	0855	0910	0925	0940	0953	1008
Claybury Broadway	0937	0951	1006	26	46	06	1446	1504	1522	1537	1552	1607	1622	1637	1652
Barkingside Chequers	0946	1000	1015	Then	35	55	15	1455	1513	1531	1548	1603	1618	1633	1646	1700
Gants Hill Station	☉	0952	1006	1021	at	41	01	21	1501	1519	1538	1555	1610	1625	1639	1652	1706
Ilford Station Cranbrook Road	≡	1001	1015	1030	these	50	10	30	1510	1528	1548	1605	1620	1635	1649	1702	1716
Ilford Hainault Street	1004	1018	1033	minutes	53	13	33	1513	1531	1551	1608	1623	1638	1652	1705	1719
Goodmayes Lord Napier	1010	1024	1039	past	59	19	39	UNTIL	1519	1539	1559	1616	1631	1646	1700	1713	1727
Becontree Heath Bus Station	1018	1032	1047	each	07	27	47	1527	1548	1608	1625	1640	1655	1709	1722	1736
Romford Station	≡	1030	1044	1059	hour	19	39	59	1539	1601	1621	1638	1653	1708	1722	1735	1749
Romford St Edwards Way/London Road	1034	1048	1103	23	43	03	1543	1605	1625	1642	1657	1712	1726	1739	1808
Claybury Broadway	1722	1737	1752	1809	1826	1836	1846	1859	1916	1947	Then	17	47	2317	2347
Barkingside Chequers	1730	1745	1800	1817	1834	1843	1853	1906	1923	1953	at	23	53	2323	2353
Gants Hill Station	☉	1736	1751	1806	1823	1840	1849	1859	1912	1929	1959	these	29	59	2329	2359
Ilford Station Cranbrook Road	≡	1746	1801	1816	1833	1847	1856	1906	1919	1936	2003	minutes	33	03	UNTIL	2333	0003
Ilford Hainault Street	1749	1804	1819	1836	1850	1859	1909	1922	1939	2006	past	36	06	2336	0006
Goodmayes Lord Napier	1757	1812	1827	1842	1856	1905	1915	1928	1945	2012	each	42	12	2342	0012
Becontree Heath Bus Station	1806	1821	1835	1850	1904	G	1923	G	1952	2019	hour	49	19	2349	G
Romford Station	≡	1819	1834	1845	1900	1914
Romford St Edwards Way/London Road	1823	1838	1849	1904	1918

Saturdays

Claybury Broadway	0635	0705	0735	0805	0831	0859	0914	0928	0940	0952	1005	1020	1035	1050	1105	
Barkingside Chequers	0641	0711	0741	0811	0837	0906	0921	0935	0947	0959	1013	1028	1043	1058	1113	
Gants Hill Station ☉	0647	0717	0747	0817	0843	0912	0927	0941	0954	1007	1021	1036	1051	1106	1121	
Ilford Station Cranbrook Road ⇌	0651	0721	0751	0821	0847	0916	0931	0946	1000	1015	1029	1044	1059	1114	1129	
Ilford Hainault Street	G	0654	0724	0754	G	0824	0850	G	0920	0935	0950	1004	1019	1034	1049	1104	1119	1134	
Goodmayes Lord Napier	0636	0700	0730	0800	0806	0830	0856	0911	0926	0941	0956	1011	1026	1041	1056	1111	1126	1141	
Becontree Heath Bus Station	0643	0707	0737	0807	0813	0837	0903	0918	0933	0949	1004	1019	1034	1049	1104	1119	1134	1149	
Romford Station ⇌	0816	0846	0914	0929	0944	1000	1016	1031	1046	1101	1116	1131	1146	1201	
Romford St Edwards Way/London Road	0820	0850	0919	0934	0949	1005	1021	1036	1051	1106	1121	1136	1151	1206	
Claybury Broadway	1120			35	50	05	20		1650	1705	1720	1737	1743	1758	1812	1826	1838	1852	1917
Barkingside Chequers	1128		Then	43	58	13	28		1658	1713	1728	1745	1751	1806	1818	1832	1844	1858	1923
Gants Hill Station ☉	1136		at	51	06	21	36		1706	1721	1736	1753	1759	1813	1824	1838	1850	1904	1929
Ilford Station Cranbrook Road ⇌	1144		these	59	14	29	44		1714	1729	1744	1801	1807	1820	1830	1842	1854	1908	1933
Ilford Hainault Street	1149		minutes	04	19	34	49	UNTIL	1719	1734	1749	1806	1812	1823	1833	1845	1857	1911	1936
Goodmayes Lord Napier	1156		past	11	26	41	56		1726	1741	1756	1812	H	1829	H	1851	H	1917	1942
Becontree Heath Bus Station	1204		each	19	34	49	04		1734	1749	1804	1819	1836	1858	1924	1949
Romford Station ⇌	1216		hour	31	46	01	16		1746	1801	1813	1828	1845
Romford St Edwards Way/London Road	1221			36	51	06	21		1751	1805	1817	1832	1849
Claybury Broadway	1947	2017	2047	2117	2147	2217	2247	2317	2347										
Barkingside Chequers	1953	2023	2053	2123	2153	2223	2253	2323	2353										
Gants Hill Station ☉	1959	2029	2059	2129	2159	2229	2259	2329	2359										
Ilford Station Cranbrook Road ⇌	2003	2033	2103	2133	2203	2233	2303	2333	0003										
Ilford Hainault Street	2006	2036	2106	2136	2206	2236	2306	2336	0006										
Goodmayes Lord Napier	2012	2042	2112	2142	2212	2242	2312	2342	0012										
Becontree Heath Bus Station	2019	2049	2119	2149	2219	2249	2319	2349	G										

No service on Sundays or Public Holidays

A - Starts from Ilford Broadway
G - Continues to or starts from Seven Kings Garage via Goodmayes Road
H - Continues to Seven Kings Garage via Ilford High Rd



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